# Applied Suicide Intervention Skills Training

## *Learn Suicide First-Aid Skills*

**Who:** Military (all ranks), Suicide Prevention Coordinators, civilian employees, and adult family members are all invited to participate. Attire is civilian clothing.

**When: Training runs from 0800-1600 for two consecutive days. The next opportunity will be:**

## September 26th and 27th 2016

*Over one million caregivers world-wide have participated in this two-day, interactive, practical, practice-oriented workshop.*

**Where: Navy College Classroom, Building 17, Rooms 2089-2090**

**What to Expect to Gain:** Over the course of the two day workshop (14 training hours) you will learn specific skills to identify those at risk, and to better listen to and care for those having thoughts of suicide. Through powerful video clips, presentations, group discussion sessions, and interactive role plays, you will feel challenged and motivated, and will learn safe methods of suicide prevention first aid. Learn how to recognize invitations for help, reach out and offer support, review the risk of suicide, apply a suicide intervention model, and link people with command and community resources.

***Career Development Boards - A proven delivery method of DECKPLATE***

**Participation in the full two day workshop is required.**

**Due to limited seating, everyone is required to preregister with Anna Rhodes- 301-319-2846 or anna.j.rhodes.civ@mail.mil.**

***This skills-based training can provide YOU with the tools to help prevent suicide***